Win a 3Tech Tournament
Win Multiple 3 Tech Tournaments
Become a High School Varsity Wrestler
Make good grades in School
Win State Championship(s)
Make my Parents Proud of the Person I have Become
Attain a College Wrestling Scholarship
Help at least one Person each month without their knowledge and without remuneration. This is an easy one, it’s only 12 a year, and, acts such as this, defines who we are.
Win NCAA Championship(s)
Graduate College
Become a Person of Faith
Win World Championship(s)
Win Olympic Championship(s)
Do your personal best every time you wrestle.

Add additional Goals below:

These Goals are specific and achievable. Use this page as a start. Add another goal every time you achieve one. Write them down and sign it as a contract to yourself. Hang it on your wall and visit it often. Remember, goals require practice and refinement. Persevere and have “No Regrets!”.

My Name: ___________________________ Date: ____________ 20 ___