

My Personal Wrestling and Life Goals Page

- Win a 3Tech Tournament
- Win Multiple 3 Tech Tournaments
- Become a High School Varsity Wrestler
- Make good grades in School
- Win State Championship(s)
- Make my Parents Proud of the Person I have Become
- Attain a College Wrestling Scholarship
- Help at least one Person each month without their knowledge and without remuneration. *This is an easy one, it's only 12 a year, and, acts such as this, defines who we are.*
- Win NCAA Championship(s)
- Graduate College
- Become a Person of Faith
- Win World Championship(s)
- Win Olympic Championship(s)
- Do your personal best every time you wrestle.

Add additional Goals below:

These Goals are specific and achievable. Use this page as a start. Add another goal every time you achieve one. Write them down and sign it as a contract to yourself. Hang it on your wall and visit it often. Remember, goals require practice and refinement. Persevere and have "No Regrets!".

My Name: _____ Date: _____ 20 ____